Our Locations
- San Joaquin County
  Stockton
  1106 N. El Dorado St.
  Stockton, CA 95202
- Stanislaus County
  Modesto
  1506 H Street
  Modesto, CA 95354

Contact Us
- English
  209-340-3218
- Español
  209-396-6947

"Your present circumstances don't determine where you can go, they merely determine where you start"
- Nido Qubein

FAMILY WELLNESS
PREVENTION AND EARLY INTERVENTION COUNSELING PROGRAM

San Joaquin & Stanislaus Counties
"Because our wellbeing starts with our mental health..."

About Our Program

Our counselors are committed to providing low-cost, short-term counseling services which embodies compassionate services to the communities we serve throughout the San Joaquin and Stanislaus Counties.

Services are available to all individuals regardless of race, age, gender, religion, ethnicity, economic status, or sexual orientation.

All services provided are confidential.

OUR SERVICES

BRIEF COUNSELING

Provides general clinical counseling for adults, teens, individuals, couples, seniors, and families who are experiencing mild to moderate depression, anxiety, grief, and other mental health disorders.

COMMUNITY MENTAL HEALTH EDUCATION

Community workshops and presentations in Spanish and English through partnership with businesses, churches, non-profit organizations, schools and other organizations. Topics focus on mental health awareness, prevention & early intervention, stigma reduction, access to resources, suicide prevention, among others.

SUPPORT GROUPS

Support Group sessions are provided upon request on specific topics that are relevant to the population.